

SUSTAINABLE CATERING

Served in eco-friendly packaging Waste-free options are available

Send your request to catering@lebotaniste.eu



(Family tray serves 4 to 6)

| BOTANICAL SPREADS assortment of 3 spreads served with crackers and veggie sticks | |
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| © VEGGIE SUSHI ROLLS served with © saffron aioli and ginger velvet (15 pcs) | |
| VEGGIE BALLS served with seasonal spread (15 pcs) | |
| SUPERSEED AVOCADO BITES served with crackers and ø saffron aioli (12 pcs) | |
| SIDE SALAD salad mix with root veggies and dressing | 35.00 € |
| APERO TRAY | 85.00 € |

assortment of our starters for 4 to 6 persons includes veggie sushi rolls (10 pcs), veggie balls (6 pcs), superseed avocado bites (6 pcs) and the botanical spreads



Please inform us about your allergies S CONTAINS NUTS CONTAINS PEANUTS

Be advised that our food may contain soy, seeds, sesame, and nuts and there may be risk of cross-contamination.



Prescriptions Bowls

served individually/family trays (serves 4 to 6)

TIBETAN MAMA
 16/64€
 brown rice - coconut curry sauce - steamed
 greens - kimchi

SPICY CHILI SIN CARNE 15/60€ brown rice - 3 beans - quinoa - chili sin carne - soy sour cream - turmeric onions

SEASONAL SPECIAL 15/60€ ask us about our new prescriptions

PASTA BOLO 14/56€ fusilli pasta - bolognese sauce - herbal oil superseed mix

SOUP OF THE DAY 6.50 €

served with crackers

BOTANICAL MENU 15.50 € half portion of any bowl and a side salad or a soup of the day

Desserts

- QUINOA PB COOKIE
 4.00 €
 peanut butter brown sugar buckwheat
- S CHOCOLATE COOKIE _____4.00 € pecan - brown sugar - buckwheat
- BAKED GOODS ASSORTMENT45.00 € omega 3 brownies and quinoa PB cookies served with cashew cream (serves 10)

Drinks

BOTANICAL LEMONADE turmeric - agave 30cl - 4.00 € / 1l - 12.00 €

DETOX JUICES carrot - grapefuit - turmeric $30cl - 6.00 \in$ $1l - 18.00 \in$ red beet - apple - ginger $30cl - 6.00 \in$ $1l - 18.00 \in$

| NATURAL WINE | .30.00€ |
|-------------------------------|---------|
| natural wine white / red 75cl | |

Ask us about our service options WE DELIVER - WE SET UP Send your request to : catering@lebotaniste.eu

